What is claimed is:

1. A biological stimulant for use in bioremediation via enhanced reductive dehalogenation, comprising:

Lactose; and

5 Brewer's Yeast;

wherein said biological stimulant acts as an electron donor in said reductive dehalogenation.

- 2. The biological stimulant of claim 1, wherein said Lactose comprises approximately 40% to 85% by weight of said biological stimulant.
- 3. The biological stimulant of claim 1, wherein said Brewer's Yeast comprises approximately 60% to 15% by weight of said biological stimulant.
 - 4. The biological stimulant of claim 1, wherein said Lactose comprises approximately 70% by weight of said biological stimulant, and wherein said Brewer's Yeast comprises approximately 30% by weight of said biological stimulant.
- 15 5. The biological stimulant of claim 1, said biological stimulant further comprising fatty acids.
 - 6. The biological stimulant of claim 1, said biological stimulant further comprising vegetable oil.
- 7. The biological stimulant of claim 6, said biological stimulant further comprising fatty acids.
 - 8. A biological stimulant for use in bioremediation via enhanced reductive dehalogenation, comprising:

Lactose;

Brewer's Yeast; and

vegetable oil, said vegetable oil coating said Lactose and said Brewer's Yeast; wherein said biological stimulant acts as an electron donor in said reductive dehalogenation and said vegetable oil coating reduces said biological stimulant's aqueous solubility.

- 9. The biological stimulant of claim 8, said biological stimulant further comprising fatty acids.
- 10. The biological stimulant of claim 8, wherein said Lactose comprises approximately 40% to 85% by weight of said biological stimulant.
- 11. The biological stimulant of claim 1, wherein said Brewer's Yeast comprises approximately 60% to 15% by weight of said biological stimulant.
 - 12. A biological stimulant for use in bioremediation via enhanced reductive dehalogenation, comprising:

a biodegradable sugar; and

15 Brewer's Yeast;

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wherein said biological stimulant acts as an electron donor in said reductive dehalogenation.

- 13. The biological stimulant of claim 12, wherein said biodegradable sugar further comprises a sugar selected from the group consisting of Lactose, Dextrose, and Sucrose.
- 20 14. The biological stimulant of claim 12, wherein said biological stimulant further comprises fatty acids.

- 15. The biological stimulant of claim 12, wherein said biological stimulant further comprises vegetable oil, and wherein said vegetable oil coats said biodegradable sugar and said Brewer's Yeast.
- 16. The biological stimulant of claim 15, wherein said biological stimulant further comprises fatty acids.
- 17. The biological stimulant of claim 12, wherein said Lactose comprises approximately 40% to 85% by weight of said biological stimulant.
- 18. The biological stimulant of claim 12, wherein said Brewer's Yeast comprises approximately 60% to 15% by weight of said biological stimulant.

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